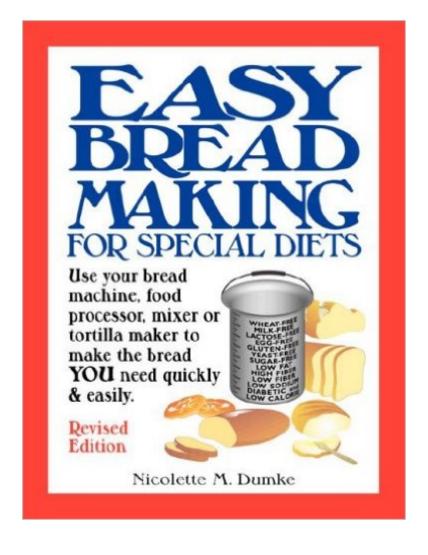
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# Easy Breadmaking For Special Diets: Use Your Bread Machine, Food Processor, Mixer, Or Tortilla Maker To Make The Bread YOU Need Quickly And Easily





## Synopsis

Easy Breadmaking for Special Diets contains over 225 recipes for allergy, heart healthy, low fat, low sodium, yeast-free, diabetic, celiac, controlled carbohydrate, weight loss, and low calorie diets. It includes recipes for breads of all kinds, bread and tortilla based main dishes, and desserts. Use your bread machine, food processor, mixer, or electric tortilla maker to make the bread YOU need quickly and easily.

## **Book Information**

Paperback: 232 pages Publisher: Allergy Adapt, Inc.; Revised edition (November 1, 2006) Language: English ISBN-10: 1887624112 ISBN-13: 978-1887624114 Product Dimensions: 7.4 x 0.5 x 9.7 inches Shipping Weight: 15.2 ounces (View shipping rates and policies) Average Customer Review: 4.7 out of 5 stars Â See all reviews (6 customer reviews) Best Sellers Rank: #2,507,472 in Books (See Top 100 in Books) #52 in Books > Cookbooks, Food & Wine > Kitchen Appliances > Food Processors #198 in Books > Cookbooks, Food & Wine > Kitchen Appliances > Bread Machines #379 in Books > Health, Fitness & Dieting > Nutrition > Food Allergies

#### **Customer Reviews**

Nickie Dumke's breadmaking book is a MUST have for those of us who suffer with food allergies. She takes all the guess work out of how to convert a bread recipe so that it will really work. Before her book, homemade bread was out of the question unless one was going to use traditional ingredients. I highly recommend this book. The recipes are easy and the product is delicious!

My husband must also avoid dairy, and most of the recipes required milk products.

I bought this updated book to replace my well used previous book and found this one slightly different in format but the context is good and the receipes work well and taste great.

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Easy Breadmaking for Special Diets: Use Your Bread Machine, Food Processor, Mixer, or Tortilla

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